

# Orchard Manor School Newsletter

February 2020



## Dear Parents and Carers

The first academic term of the decade has been extremely busy, with lots of exciting events and achievements. As always, our whole staff team have been working hard to ensure that school is a happy and safe place for our pupils to attend. We always appreciate your feedback, and as such, we sent out a link via ParentMail to a Parent Questionnaire. We do hope you have had time to answer. The aim of this is to gather your feedback about the school and of course, once we have the results we will share them with you.

In January, pupils, staff and parents were given the opportunity to view the plans for the proposed new sports hall and vocational building developments. Pupils were particularly excited by the prospect of having such amazing facilities available to use.

At the very end of December, we had nine additions to our horticulture area as we welcomed seven male and two female British Saddleback pigs to the school. Pupils have enjoyed looking after the pigs and getting muddy in their enclosure.

Football has been a running theme of the half term. An enthusiastic team from the school took part in a KS3 football tournament, returning with gold medals around their necks!

A football game also took place during Mental Health Week which provided pupils, and staff alike, an opportunity to get active and enjoy some fresh air.

Pupils have been enjoying activities and reward trips throughout the term. A highlight of the term for Purple and Blue classes was a Roman Day. Pupils enjoyed a day of being Romans, learning and experiencing how Romans used to live. The outfits were great!

On a more serious note, as many of you probably aware, the Corona Virus is all over the news. There is currently no cause for concern within the school however we would like to share some information with you from Public Health England which we have been sent. A copy of which can be found at the back of the newsletter.

The health of our students is of utmost importance and with this in mind, we wish you all a restful and healthy half term break.

Staff will be back on Monday 24 February for a staff training day, and we look forward to seeing our students back on Tuesday 25 February at 10:40 am.

*Mark Rose — Executive Principal*

**SAVE  
THE  
DATE**



Preparing for  
*Adulthood*



The future can be a daunting thought for you and your children. As part of our commitment to preparing our young people for adulthood we have organised a Post 16 provisions event on Tuesday 3 March at 4:15 pm — 5:30 pm in order that you may find out more about the Post 16 educational opportunities available to your child.

## Subject Choices and Post 16

### Provisions Event

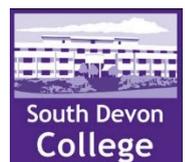
**4:15 pm to 5:30 pm  
on Tuesday 3 March  
2020**

**For parents and  
Carers of Years 9, 10,  
11 and Post 16**

We have invited South Devon College, Exeter College, Oakwood Court, Dawlish Garden Trust, Bicton College, Careers South West and Preparing for Adulthood Team and in addition we will be showcasing our own Post 16 provision.

There will be time for you to ask questions at the event, but if you need any further information please get in touch with Adele Thomas, Assistant Principal.

We look forward to seeing you!



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I am extremely pleased to announce that in November, Orchard Manor School was awarded the Silver Award from the Stonewall School Champions for our ongoing work in tackling homophobic, biphobic and transphobic bullying within the school.



The Silver Award means that Orchard Manor is in its second year of being a School Champion.

Being a School Champion means that we as a school believe that homophobia, biphobia, transphobia and sexism are unacceptable, and that we welcome and celebrate everyone's differences without prejudice. In addition, we have checklists in place to support trans young people and we tackle HBT (Homophobic, Biphobic and Transphobic) bullying and language. Our staff at the school, and our pastoral staff, are trained in supporting lesbian, gay, bisexual and trans pupils.

We are committed to continuing to challenge gender stereotypes and ensuring that gender diversity is celebrated.

**Alex Caven—PSHE Co-Ordinator**

### Wellbeing Mental Health Week—Staff and Pupils Football Match



On Wednesday 5 February we had a staff and pupils football match, organised by Cav Hexter and resident Harry from Spartan House.



Two very evenly matched teams were made up with a mix of both staff and students. It was a heavy pitch and everyone played really hard. The final score was 8-6 to The Bibs.

We witnessed some classic goals and some world-class saves, and the staff and students had a great time—watched by a crowd of enthusiastic onlookers. Happily, there was no rain so we didn't have to wear wellingtons!

It was a great afternoon and there were no losers on the day—everyone played brilliantly, we all enjoyed being in the fresh spring air, getting some exercise. Well done to the organisers! —Judging by the enthusiasm of all sides, we hope it will become a regular fixture on our termly calendar. **Graham Tolliday—Deputy Head Care**

### EXAM NEWS!

Well done to the Upper School students who took their **Functional Skills English Level 1 & 2 exams on the 12<sup>th</sup> February.** The exam went really well for all the candidates.

**Good Luck with the results!**

The summer season Provisional Exam timetable and further details can be found on the school website ([click here](#)):

#### Key Dates:

<b>11 March 2020</b>	<b>Maths Functional Skills Level 1 &amp; 2</b>
<b>5 May – 12 June 2020</b>	<b>Summer Exam Season</b>
<b>24 June 2020</b>	<b>The summer season <u>Exam Contingency Day</u></b>
<b>20 August 2020 (10-11am)</b>	<b>Results Day</b>

**Jo Potts – Exams Co-ordinator**





## A Roman Day for Red and Purple Class

Red and Purple class had great fun on their Roman Day. A Roman soldier came to visit and we all dressed up like Romans. We wore our laurel leaf wreaths which we made earlier in the week. We had some fantastic costumes including an emperor and centurions.



We learnt about ten key events on a time line from Julius Caesar's first visits to Britain to the current day.



Everyone had a go at marching like a proper disciplined Roman soldier and we learnt about battle formations, battle tactics, how to use a sword and how to lay traps for the enemy! We also learnt the Latin names for all the different pieces of equipment that the Roman soldiers used. We had such a great time!

**Sam Tyler—Teacher Purple Class**



## The Bubonic Plague and Exploding Buboes!



7EMC have been learning about The Black Death which killed nearly a third of people in Europe during the 14th Century. The most feared symptom of this disease were buboes (swellings in the lymph nodes), which emerged in the sweatiest places of the body, such as the armpits and groin.

These buboes would grow to the size of a tennis ball and would

become black and fill with infected pus and blood. Some people believed that popping these buboes would improve chances of survival, as the poisons and toxins would be released out of the body.

In one of our lessons we created our own buboes from jam (blood) doughnuts which we filled with custard (pus) we then made them black (icing) before popping them! Eww! How disgusting!

**Emma McGeown—Teacher**



### Plague Fact!



Plague doctors wore a mask with a bird-like beak to protect them from being infected by the disease. The long beak of the mask was packed with sweet smells, such as dried flowers, herbs and spices to stop them breathing in the miasma (bad smells) from the bodies of the infected, which was how they thought the plague was spread.

## MOTH TRAPPING: MAIN FACTORS INFLUENCING THE NUMBER OF SPECIES TRAPPED



*Heath Rustic*

Moth trapping is, very simply, the process of humanely capturing, identifying, counting, recording and releasing macro- and micro-lepidoptera, usually at night. It should be apparent that the number of moths and species captured is highly dependent on

the following main factors; type of equipment, time of year, weather and location. If all or most of these points align then you may, with luck, catch up to 1000 moths of 200+ species.

### Equipment

There are three main night operated moth traps available; the Robinson Trap, the Skinner Trap and the Heath Trap. The Robinson Trap is by far the most expensive of the three, but used in the right conditions, it is not uncommon for it to attract 500 -1000 moths of a night. A Skinner Trap is capable of capturing a similar number of moths as the Robinson, but it is not as good at holding them. Both these traps use MV lights, these can be quite dangerous as they get very hot and if it were to rain, even only slightly, then there is a very real danger of the light exploding. This is particularly bad as, not only are they expensive to replace and there is broken glass everywhere, but the lights contain mercury vapour which is not something you really want near you. The final trap, in my opinion, is the best. Although it only catches around 15-40% of the moths and 45-75% of the species present per night compared to the other two traps, it is not only much cheaper, but the light is actinic, meaning it does not get hot and therefore, will not explode.

### Time of Year



*Coast Dart*

Moths are at their least plentiful in winter. January is the worst month, with only 29 macro moth species recorded in Devon between the years 2000 and 2016. July is best, with 425 macro moth species recorded in Devon between 2000 and 2016.

### Weather

The ideal weather is a very hot, humid, overcast and dry night. The heat and humidity draws the moths out and the cloud cover helps to keep it this way throughout most of the night. Cloud cover is also important for obscuring the moon. If there is a bright moon, then it will reduce the degree contrast

between the trap and its background, making it less effective. If it rains, many moths will not come out and there is also a high chance of the light trap exploding.

### Location

The location can impact the catch size and number of species hugely. In a location with lots of trees, shrubs, herbs and grasses, the more species you are likely to find as a wide range of flora means more potential larval food plant for the moths. A typical garden may produce a list of over 250 species of macro-moths from regular trapping, whereas a diverse scrubland or broadleaf woodland may produce upwards of 400 macro-moth species. Some habitats may not hold large species lists but are important in terms of conservation. Sand dunes are quite a specific habitat and the species that they hold are often uncommon or declining.

### How the Information is Used

Most moth recorders will keep an overall list of the species that they have found in the UK as well as a list of moths recorded in their garden or at the location that they trap at most often. In terms of submitting records, just a list is not all that helpful, so it is good practice to record the number of individuals of each species per trap. Lists can be incredibly important as a quick reference to a site. They can be used by a warden on a nature reserve or on a site that is being surveyed for construction and ultimately they can be used to aid conservation efforts.



*Left: A wide range of flora; wildflower meadow in the foreground and scrub in the background.*



*Right: Limited flora; note sand dunes in the background, here I caught the rare Coast Dart *Euxoa cursorial* but did not obtain a long species list.*

## Article and Photography by Sam Gray Age 14

### References

- Dean, P. 2017.** *Devon Macromoth Flight Seasons – grouped by month.*
- Fry, R. & Waring, P. 2001.** *A guide to moth traps and their use.*
- Townsend, M., Waring, P. & Lewington, R. 2019.** *Concise Guide to the Moths of Great Britain and Ireland Second edition.*
- Sterling, P., Parsons, M. & Lewington, R. 2012.** *Field Guide to the Micro-Moths of Great Britain and Ireland.*

# RURAL SKILLS

## Welcome to our Orchard Manor Piglets!

December 30th saw the arrival of our new piglets. We have nine British Saddlebacks—2 girls (gilts) and 7 boys (boars) all from the same litter, so all brothers and sisters.

They arrived in a trailer from a farm in Taunton. Their mother is a British Saddleback, a rare breed of British pig, and a show prize winner too.



The pigs eat prepared food pellets. They have one meal a day, at breakfast time, and they forage through the

day around their enormous pen. They love all kinds of fruit and vegetables as a treat, especially apples and bananas.

They cannot be fed any kitchen waste or any prepared vegetables. In fact they can't eat anything which has been in a domestic or commercial kitchen. This law is in place to stop the spread of disease



around farm animals.

Our pigs have become very tame and during the school day there are usually several children with them all the time. When the children sit quietly with them, the piglets come over for a stroke and a feed. The children love to watch them and ask hundreds of questions about them.

Particularly in the current weather, the inside of the pen has become very muddy, and so wellies must be worn if anyone goes to see them. The children often prefer to wear their own if they have brought them in

from home although we have lots of wellies that can be borrowed from school.



Red-Breasted Meadowlark

## Wild Life

There are lots of birds around at the moment and we are feeding them with a mixture of seed, peanuts and fat balls.

We have lots of Jays, Magpies, Chaffinch, Wrens, Blue Tits, Woodpeckers, Sparrows and Robins.

Interestingly, we have sighted a very unusual bird which could be a Red-Breasted Meadowlark, except they are not native and are usually found in America—so it is a long way from home! We will keep a look out for it over the coming months.

# RURAL SKILLS



## WORMS!

We have just purchased two wormeries, one is based in Forest School and the other is based in Rural Skills.

The wormeries will produce really fine compost, and a liquid which can be diluted to make a fertiliser. The worms have been set up in a mixture of compost, soil and paper shreds, to which we will add food scraps, more paper, and green waste. It takes about 3 months to produce some usable compost, but once this is started it's an ongoing production. The worms eat this mixture and as it passes through the worms' body it becomes compost.

The best types of worms for composting are Red Wigglers and Redworms. These two species make great worms for the compost bin because they prefer a compost environment to plain soil, and they are very easy to keep. Unlike earthworms, red wigglers actually eat rotting organic material from the surface of the soil while earthworms eat already-composted soil that's deep underground. ... Earthworms will, unfortunately, die in a worm compost bin from lack of food. Also, compost piles can get hot!



## WORM FACT FILE!

Did you know Worms are crucial to a garden's health? They perform many specialised functions that keep our soil healthy and help our plants to thrive.

**Earthworms** are excellent diggers and can burrow down to depths of 6 feet or more! They tunnel through your garden bed, aerating the soil, its beneficial microorganisms, and all your plant's roots.

**Red Wigglers** eat kitchen scraps and other organic waste. They can eat half of their weight in food each day, changing it into organic fertilizer in the process known as **vermicomposting**.



## CHICKENS!

Our chickens have been here for nearly a year, and continue to be very productive. Children love to watch and feed them.

Their food is a combination of mash

(which looks like porridge) and pellets. They are given corn and raisins as a treat, and love to eat greens.



We have 6 Brown

Lohmans, they are very tame, and used to being handled by the children. Over the Christmas holidays they began laying their eggs inside their coop rather than in the egg boxes; we think it's because it's warmer for them.

Swanny, our rescue cockerel, is looking very handsome, with full health and plumage restored.

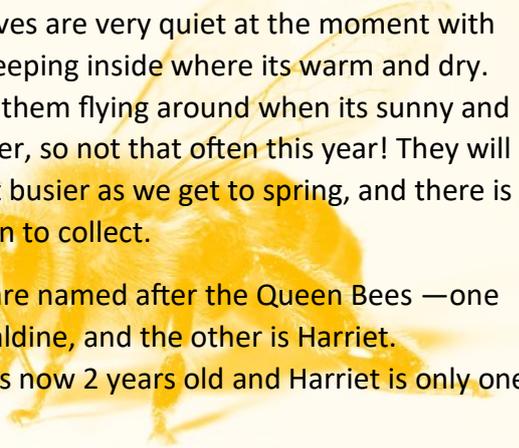
With all the rain we've had, the run is very muddy in places, so wellies are essential footwear!! These are some pictures taken by children from 7ACr in their photography sessions.

**Cathy Johnson—Rural Skills**

## BEEES!

The two hives are very quiet at the moment with the bees keeping inside where it's warm and dry. We do see them flying around when it's sunny and a bit warmer, so not that often this year! They will start to get busier as we get to spring, and there is more pollen to collect.

The hives are named after the Queen Bees—one called Geraldine, and the other is Harriet. Geraldine is now 2 years old and Harriet is only one year old.



## OMS Sports Updates—Fran Fox—PE Instructor



**Football** The team did fantastically well on Tuesday at the KS3 football tournament at Exwick Sports Hub. It was a freezing cold day with a few hail showers but we managed to survive and play some great football. The team won their competition playing the following games: Tiverton High School 1 (won 4-1) , Combe Pafford (won 7-0), Tiverton High School 2 (won 3-2).

We then went on to play Tiverton High School 2 in the final and won 6-4! The team played really well and enjoyed the day. Well done everyone!



## Outdoor Education with Danny Turner

We have had a really jam packed half term, despite the weather bringing us hail and strong winds and pretty much everything in between.



Once our events have been planned, we send out reminders via ParentMail to ensure that everyone comes in with the appropriate clothing and footwear. Wellingtons and waterproofs has been the regular dress code recently.

We regularly take classes out caving to Pridhamsleigh Cavern near Ashburton. It's a great site for our novice cavers and we all have to wear hard hats and use torches.

We also go out orienteering and trekking on the moors but mountain biking is a great favourite.

We are looking forward to the better weather when we will be attempting water sports and other exciting activities.

**Danny Turner—Outdoor Education**

## Inter Homebase Boccia Competition



This competition will be held on the last day of term March 27th in the Upper Site Hall with teams from across the site entering.

## Sports Relief Mile

We are running the Sports Relief Mile on the Lower School site in the morning and then again on the Upper School Site in the afternoon. Everyone will get a certificate for participating - and depending on how far we travel in an hour, we will get a Gold, Silver or Bronze Award. So, get your trainers on and start limbering up! As well as getting active we will be having fun!



## Level 2 Bikeability Training



Cycling confidently on the road is a life-long skill that can be instilled at a young age or developed for the first time in

adulthood, encouraging a healthy lifestyle, boosting confidence and developing independence. Bikeability supports this by teaching the necessary skills to ride confidently on today's roads.

There are three award levels for Bikeability, with a level to suit all abilities, from beginner to experienced commuter or rider:

- **Level 1** teaches basic bike-handling skills in a controlled traffic-free environment.
- **Level 2** teaches trainees to cycle planned routes on minor roads, offering a real cycling experience.
- **Level 3** ensures trainees are able to manage a variety of traffic conditions and is delivered on busier roads with advanced features and layouts.

**Our Level 2 training** will take place on the Upper School Site from Monday 23rd March and will go on for 3 days. It is usually geared towards KS2 pupils but we have had older pupils take part depending on individual needs.

The training is suitable for pupils who have some experience of riding a bike. They start on the playground and then for those who are ready they use local, quiet roads.

**Fran Fox—PE Instructor**

## Parent Lunch and Information Sharing — Keeping Your Child Safe on Social Media and The Teenage Brain and How it Develops

We were very pleased to welcome all of the parents who came to our lunch with us at the beginning of February.

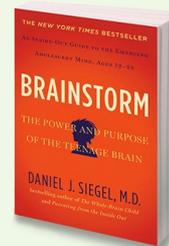
We invited parents and carers of children from Key Stage 3 and 4 to our informal afternoon where they could meet each other as well as learn a bit about the web and also how our child's brain develops. We spent a very relaxed and informative afternoon socialising and listening to talks about Internet Safety and the Teenage Brain.

James Watson, our Head of Care and Safeguarding Lead, gave a very informative talk on Internet Safety and how to keep your child safe whilst using social media. We took part in a little quiz, with a flyer showing a number of social media sites. It was surprising to find that some of these are not as innocent as they initially seem! You can take the test too—have a look at the apps here —how many of them can you name? (Answers at the back of the newsletter!)



Penny Weekes was our guest speaker. She is a Clinical Specialist and Occupational Therapist who specialises in acquired brain injury. Penny gave an informal and informative talk on the Teenage brain, the points of development, why our teens act the way they do and what we can do to help them.

If you would like more information on how the teenage brain develops, Penny suggested reading “Brainstorm –the Power and Purpose of the Teenage Brain” by Daniel J Siegel.MD and if you would like to chat about any points made in Penny's presentation please feel free to email her directly at [penny@pennyweekes.com](mailto:penny@pennyweekes.com)



The aim of the afternoon was to help families come together, build positive relations with the school and share expertise and knowledge of living with children with additional needs. We hope those of you who came enjoyed it as much as we did.

**Betsy Binyon and Mandy McVitty—Pastoral Liaison Officers**

### Network Rail Art Competition



Network Rail invited schoolchildren in Dawlish to take part in an art competition to brighten up hoardings around the new sea wall works close to Dawlish station. Winning pictures, based on the theme ‘What Dawlish means to me’, will be reproduced on the hoardings, remaining in place until the works are complete in spring 2020.

There were four different age categories for the art competition including under fives, ages five to eight, nine to 11 and 12 years-old and over. Children whose designs were selected, will be invited to attend the unveiling of their art on the hoardings.

Network Rail have now finalised entries and we are delighted to say that artwork from Orchard Manor has been selected for use on the new hoardings near Colonnade Underpass. Congratulations to you all! Here is a list of our winners!

#### **Ages 5-8**

- 2<sup>nd</sup>: Evan Lewis
- 4<sup>th</sup>: Keiran Graham

#### **Ages 9-11**

- 3<sup>rd</sup>: Molly Baldwin
- 7<sup>th</sup>: Bailey Newton
- 10<sup>th</sup>: George Harbron

#### **Ages 12-14**

#### **Winner: Marena Burrows**

- 2<sup>nd</sup>: Kodie Seaton-Baxter
- 3<sup>rd</sup>: Harry Hardman
- 4<sup>th</sup>: Taylor Morrish
- 5<sup>th</sup>: Gabrielle Bailey
- 6<sup>th</sup>: Freddie Driver

#### **Ages 15+**

#### **Winner: Daniel Keog-Jones**

- 2<sup>nd</sup>: Luke Stanton

## Safer Internet Day 11 February Together for a Better Internet

There are so many ways for us to access the internet now, including PCs and Laptops, Smartphones, Ipads and Tablets, The Xbox and PlayStations, Alexa and Google Home, Smartwatches and the TV. We have the internet all around us.



safely and positively, or by acting as digital role models.

Some of the ways of helping our children become more aware of the dangers of the internet is to start discussions about social networking early, get involved

It is important that we as parents and carers play a crucial role in empowering and supporting children to use technology responsibly, respectfully, critically and creatively—whether it is by ensuring an open dialogue with our children, educating them to use technology

in free and frank discussions, manage their devices and put yourself in control, making sure that private information is kept private and that age ratings on certain sites are adhered to. Some of the dangers that our children may be exposed to on-line are:

### WHAT IS DIGITAL RESILIENCE?

A child who is digitally resilient will be able to:

- ! **Understand when they are at risk online**
- ? **Know what to do to seek help**
- 🎓 **Learn from experience**
- + **Recover when things go wrong**

**This involves:**

- Recognising potentially risky scenarios.
- Understanding how to deal with them.
- Using these experiences to adapt what they do online in the future.

www.ParentZone.org.uk

- **grooming:** through social media and/or gaming, this may involve radicalisation and/or sexual abuse;
- **cyberbullying:** can occur through any ICT, especially mobile phones;
- **sexting:** sending explicit or compromising photos or videos;
- **sexual abuse:** including non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways;
- **financial:** although this is rare towards children it does occur – online gambling is an increasing risk;
- **exposure to inappropriate materials:** racial hatred, frightening or pornographic pictures and videos;
- **obsessive use of the internet and ICT:** for example, addiction to video games;
- **inappropriate or illegal behaviour:** for example, exposure to hate mail or offensive images;
- **copyright infringement:** for example, the illegal sharing of music, pictures, videos or documents.

If you do find that you need help or advice, here are some sites which you can visit:

- [Uk Safer Internet Centre - Parents Guide to Technology](#)
- [CEOP—Safety Centre](#)
- [Parenting info from CEOP](#)
- [Internet Matters—helping parents keep their children safe on line](#)
- [Mytutor—guide to teaching your teen online safety](#)
- [NSPCC - online safety](#)
- [Childnet - Help for parents and carers](#)

James Watson—Safeguarding Lead

## RESIDENTIAL UPDATES!

### Jubilee House

This term we have been very busy as usual, we have been to the cinema to see Spies in Disguise, it was a good film and we had a good time choosing snacks for the cinema and then having dinner out.

We have had several social nights where our friends come to visit and we have been out to the their houses too. We have had a new sensory laser light installed and during Mental Health Awareness week we all had lots of chats and discussions to make sure we stay well and happy. Our craft evenings have been really fun too, we have



been making sand bottles, making lots of pictures and using lots of glue in our tin foil art. Now that the evenings are on the way to



getting lighter, we are looking forward to some sunshine so that we can get out to the park more often.

**Helen Stone—Senior Care Team Leader**



### Spartan House News

**The Gym:** Fitness has become a very important part of our weekly routine. Two of our young people have joined Dawlish Leisure Centre making good use of the fitness suite and weight training resistance equipment. Junior Gym is available for all those under 14 which offers supervised coaching in a small group.

**Bowling:** Tuesdays has become Bowling Night! Care Staff and kids go head to head on the lanes in some healthy competition.

**Football:** Thanks to a Spartan Care Staff member, Cav and resident Harry for organising the Staff/Pupil Football match on Wellbeing Day. It was great fun and enjoyed by everyone playing and watching!



**Chris Heard —Senior Care Team Leader**



### Gala House

We have welcomed a new member to our house who has settled in really well and is really enjoying our life here in Gala along with Sam Poole who is our new Team Leader.

### Gladstone House

We have been really busy and had lots of nice activities including train trips to Paignton, DVD nights, meals out, social nights, off site swimming and a visit to a Trago Mills model railway which we really enjoyed! Our shower room has also been refurbished which we love!

**Gladstone Care Team**



We have been enjoying lots of different activities but model making is currently the favourite. We have been out to the cinema, been on bike rides, been out for lots of walks, managing to miss the rain and we have had social nights with the other residents, been out for meals and celebrated birthdays. We are all looking forward to half term though!

**Sam Poole—Senior Care Team Leader**

# FIFTEEN APPS

## PARENTS SHOULD KNOW ABOUT

### MEETME



MEETME IS A DATING SOCIAL MEDIA APP THAT ALLOWS USERS TO CONNECT WITH PEOPLE BASED ON GEOGRAPHIC PROXIMITY. AS THE APP'S NAME SUGGESTS, USERS ARE ENCOURAGED TO MEET EACH OTHER IN PERSON.

### GRINDR



GRINDR IS A DATING APP GEARED TOWARDS GAY, BI AND TRANSGENDER PEOPLE. THE APP GIVES USERS OPTIONS TO CHAT, SHARE PHOTOS AND MEET UP BASED ON A SMART PHONE'S GPS LOCATION.

### SKOUT



SKOUT IS A LOCATION-BASED DATING APP AND WEBSITE. WHILE USERS UNDER 17-YEARS-OLD ARE UNABLE TO SHARE PRIVATE PHOTOS, KIDS CAN EASILY CREATE AN ACCOUNT USING A DIFFERENT AGE.

### WHATSAPP



WHATSAPP IS A POPULAR MESSAGING APP THAT ALLOWS USERS TO SEND TEXTS, PHOTOS, MAKE CALLS AND VIDEO CHATS WORLDWIDE. WHATSAPP USES AN INTERNET CONNECTION ON SMART PHONES AND COMPUTERS.

### TIKTOK



TIKTOK IS A NEW MOBILE DEVICE APP POPULAR WITH KIDS USED FOR CREATING AND SHARING SHORT VIDEOS. WITH VERY LIMITED PRIVACY CONTROLS, USERS ARE VULNERABLE TO BULLYING AND EXPLICIT CONTENT.

### BADOO



BADOO IS A DATING AND SOCIAL NETWORKING APP WHERE USERS CAN CHAT, SHARE PHOTOS AND VIDEOS AND CONNECT BASED ON LOCATION. WHILE THE APP IS INTENDED FOR ADULTS ONLY, TEENS ARE KNOWN TO CREATE PROFILES.

### BUMBLE



BUMBLE IS SIMILAR TO THE POPULAR DATING APP 'TINDER' HOWEVER, IT REQUIRES WOMEN TO MAKE THE FIRST CONTACT. KIDS HAVE BEEN KNOWN TO USE BUMBLE TO CREATE FAKE ACCOUNTS AND FALSIFY THEIR AGE.

### SNAPCHAT



SNAPCHAT IS ONE OF THE MOST POPULAR APPS IN RECENT YEARS. WHILE THE APP PROMISES USERS CAN TAKE A PHOTO/VIDEO AND IT WILL DISAPPEAR, NEW FEATURES INCLUDING 'STORIES' ALLOW USERS TO VIEW CONTENT FOR UP TO 24

### KIK



KIK ALLOWS ANYONE TO CONTACT AND DIRECT MESSAGE YOUR CHILD. KIDS CAN BYPASS TRADITIONAL TEXT MESSAGING FEATURES. KIK GIVES USERS UNLIMITED ACCESS TO ANYONE, ANYWHERE, ANYTIME.

### LIVE.ME



LIVE.ME IS A LIVE-STREAMING VIDEO APP THAT USES GEOLOCATION TO SHARE VIDEOS SO USERS CAN FIND OUT A BROADCASTER'S EXACT LOCATION. USERS CAN EARN 'COINS' AS A WAY TO 'PAY' MINORS FOR PHOTOS.

### HOLLA



HOLLA IS A SELF-PROCLAIMED 'ADDICTING' VIDEO CHAT APP THAT ALLOWS USERS TO MEET PEOPLE ALL OVER THE WORLD IN JUST SECONDS. REVIEWERS SAY THEY HAVE BEEN CONFRONTED WITH RACIAL SLURS, EXPLICIT CONTENT AND MORE.

### WHISPER



WHISPER IS AN ANONYMOUS SOCIAL NETWORK THAT PROMOTES SHARING SECRETS WITH STRANGERS. IT ALSO REVEALS A USER'S LOCATION SO PEOPLE CAN MEET UP.

### ASK.FM



ASK.FM IS KNOWN FOR CYBER BULLYING. THE APP ENCOURAGES USERS TO ALLOW ANONYMOUS PEOPLE TO ASK THEM QUESTIONS.

### CALCULATOR%



CALCULATOR% IS ONLY ONE OF SEVERAL SECRET APPS USED TO HIDE PHOTOS, VIDEOS, FILES AND BROWSER HISTORY.

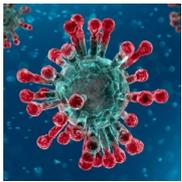
### HOT OR NOT



HOT OR NOT ENCOURAGES USERS TO RATE YOUR PROFILE, CHECK OUT PEOPLE IN THEIR AREA, AND CHAT WITH STRANGERS. THE GOAL OF THIS APP IS TO HOOK UP.



## Coronavirus Concerns



You're likely aware of the outbreak of novel coronavirus in China and the subsequent confirmed cases in the UK. At Orchard Manor School, we take the health and safety of our pupils and staff very seriously, so we're sharing [guidance from Public Health England](#) on steps you should be taking.

There's currently no cause for concern at the school, but we'll keep you informed about any developments and ensure we're keeping the school clean to prevent the spread of any virus.

### Prevent the spread of infection

Make sure you and your children follow these general principles to prevent spreading any respiratory virus:

- Wash your hands often – with soap and water for at least 20 seconds, or an alcohol-based sanitiser if soap and water aren't available
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- If you feel unwell, stay at home and don't attend work or school
- Cover your cough or sneeze with a tissue, then throw the tissue in a bin
- Clean and disinfect frequently touched objects and surfaces in the home
- If you're worried about your symptoms, please call NHS 111 – don't go directly to your GP or other healthcare environment

### If you or your children have returned from anywhere in Hubei province in past 14 days:

#### ***If you or your children are currently well:***

- Stay indoors and avoid contact with other people as you would with flu viruses
- Call NHS 111 to inform them of your recent travel to the area
- Your other family members don't need to take any precautions or make any changes to their own activities

#### ***If you become unwell:***

- Please call NHS 111 immediately in order for you to be assessed by an appropriate specialist in hospital, as quickly as possible

- Follow the [home isolation advice sheet](#)

### If you or your children have returned from a specified country in last 14 days

The specified countries are:

*China (other than Hubei), Hong Kong, Japan, Macau, Malaysia, Singapore, South Korea, Taiwan, Thailand*

### If you or your children are well:

- You don't need to avoid contact with other people
- Your other family members don't need to take any precautions or make any changes to their own activities

### If you become unwell:

- Stay indoors and avoid contact with other people as you would with other flu viruses
- Follow the [home isolation advice sheet](#)
- Call NHS 111 immediately in order for you to be assessed by an appropriate specialist in hospital, as quickly as possible

### Symptoms to look out for

If you've returned from the specified countries or Hubei, look out for the following symptoms:

- **Cough**
- **Difficulty in breathing**
- **Fever (a temperature of 38 degrees C or higher)**

### If you have any of these symptoms:

- If it's an emergency, call 999 and tell them which country you have returned from in the past 14 days
- If you're unwell, but it's not an emergency, call NHS 111 and tell them which country you have returned from in the past 14 days

### While you wait for further advice:

- Avoid contact with others
- Stay at home – don't go to work or school
- Don't travel while sick
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, throwing tissues in the bin
- Wash your hands often with soap and water for at least 20 seconds (or an alcohol-based sanitiser if soap and water aren't available)