



What's in This Book?

This book has all sorts of information about your Residential House which we hope you will find useful.

If there is something that we have missed out, or something else you would like to talk about, please ask a member of staff –

We are always here to help you!

Welcome!

We hope you will feel safe and happy staying at Orchard Manor School. We are really looking forward to getting to know you!

All the staff here are very friendly and we will try to help you any way we can. You can talk to us any time you like, and we are always available.

We will discuss your needs with you and you can help us choose a suitable Key Worker for you. Your Key Worker will work closely with you and ensure you are OK, and that we are meeting your needs.

At Orchard Manor, we like to live by our school values:



Kindness

Health Happiness

We have very few rules, but we do have some expectations of you - we are sure you will have some expectations of us too!

We hope that you will really enjoy your stay with us and we promise to treat you with respect at all times. We hope that you will be able to treat us in the same way.





Our Expectations!

- · KEEP your room TIDY
- · HELP with your own WASHING
- · ATTEND All RELEVANT APPOINTMENTS
- · HELP with CHORES AROUND THE HOUSE like shopping and cleaning



- · GO to SCHOOL
- · RESPECT other people's PRIVACY
- RESPECT EVERYONE and treat them how YOU expect to be treated
- WELCOME FRIENDS into the house, but not behind closed bedroom doors. If staff ask your friends to go, then they must do so

Your House!

We try to make our houses homely and comfortable and you will be able to help with decorating and personalising your own bedroom (within reason!)

We take great pride in our houses and we have expectations of the young people living here. We ask you to RESPECT and LOOK AFTER these lovely homes.

Each house has lots of space for you to use, either with your friends, or on your own if you need it.

We have spaces to watch
TV, rooms with activities like
play stations and craft centres,
we have chill out rooms and we have
places where we can all eat and be together.

Whilst you are here, we will help you to do activities that you enjoy.



What We can do for You

Here at Orchard Manor, we encourage you to explore your identity and find out what you enjoy, and what you want to do. We then support you to achieve your goals.

Here are some of the activities that we do:

Horse Riding
Football
Youth Clubs
Climbing
Swimming
Meals Out

Walks on the Beach and Walks on the Moors
Parties

(especially Birthday Parties!)

Cinema Trips

and loads of other fun things!



We also do lots of things together, which will help you in the future – such as Cooking and Travel Training.

Once you have has settled in and are happy, we can then help you to become more independent and work on giving you valuable LIFE SKILLS so that you can support yourself in the future.

Home Contact!

Whilst you are living here with us we will help you keep in contact with the people who are important to you.

This contact may mean home visits, your family visiting you, letters home and phone calls.

On the next page, you will find the telephone numbers of Ofsted and Child Line and a few other useful numbers.

You can also write down your important numbers too.



USEFUL TELEPHONE NUMBERS





or 0345 6000 388 Out of Hours















Telephone Numbers!

My Important Numbers

Respect!

The young people here at Orchard Manor come from lots of cultural and ethnic backgrounds, and have a variety of different needs, expectations and abilities.

Everyone should have the same opportunities in life and be treated fairly.

We try to encourage the exploration and expression of differences, and we will help you if you have a particular dietary or religious need.

However, it is not acceptable to talk or behave differently to someone because they have a different skin colour or believe different things.

For example, if you treat another young person unfairly because of their sex, disability or ethnicity, you will be challenged about this and your reasons behind it.

This applies to our staff as well as all the young people here.



Behaviour!

Whilst you are here, we expect you to show appropriate behaviour towards other young people and staff.

This includes:

- LISTENING to other people, as well as having your say
- NOT being AGGRESSIVE or RUDE
- RESPECTING other young people's PRIVACY by not interrupting their education
- NOT ENTERING other young people's BEDROOMS WITHOUT their CONSENT

ANY
AGGRESSIVE
BEHAVIOUR
towards other young people
or staff
IS NOT ACCEPTABLE!



Bullying!

If, when you are living at our home, you feel you are being bullied (either by another young person, or by a member of staff)

you must speak to someone about it!

BULLYING IS NOT ACCEPTABLE!

Sometimes, in a situation where a group of people live together, bullying can happen.

It is very difficult to stand up to a bully on your own, so you should talk to a member of staff or a trusted adult who will help you.

If you feel unable to discuss this with someone in the house, you could talk to an Official visitor to the house or to your Social Worker.

ALWAYS REMEMBER:

It is the BULLY that is in the WRONG!

NOT THE PERSON BEING BULLIED!



Smoking!

By law, no one can buy cigarettes until they are 18. No members of staff will buy you cigarettes and there is No Smoking anywhere in the school grounds.

It is well known that smoking can seriously damage your health, especially your lungs and your heart.

If you want help or advice to stop smoking, please speak to a member of staff.

Smoking can also be a fire risk, and an annoyance to others.



You are entering a no smoking zone

Alcohol!



It's against the law to buy Alcohol under the age of 18.

ALCOHOL IS NOT ALLOWED AT SCHOOL AT ANY TIME.

If we find any, we will remove it and we will contact your family or carers.

Drugs!

If a member of staff should find or suspect that there are drugs in the home, they will call the Police.

Drugs are ILLEGAL!



If you feel that you have a problem with drugs and need to talk to someone, please talk to any member of staff. They will try to help you, or put you in touch with someone who can.

You could also contact the

NATIONAL DRUGS HELPLINE on 0800 77 66 00

where you will be offered free and confidential advice.

Protecting You from Harm!

We want to make sure that you are safe at all times – from people and things that might harm you, including being bullied.

We also want to make sure that you don't put yourself at risk by doing dangerous things like taking drugs, or get involved with dangerous people who could take advantage of you.

If you are not sure about keeping safe, you can talk to a member of staff.

If someone has hurt you, talk to ANY member of staff, your Social Worker, a Commission Inspector or you can use our Complaints Procedure.

If we are worried about you, we may even have to talk to your parents or your Social Worker, or maybe the Police.

In the event of a serious incident, or if you tell us someone has harmed you, there will be an investigation and Social Services and the Police may need to ask you questions.

This is not something to worry about as we will support you fully through this.

Going Missing!

Sometimes you may feel like you don't want to be living here... Sometimes you may feel like you don't like living with us at all!

There may even be times when you feel like running away...

The best advice that we can give you is not to do it, because you are putting yourself in an unsafe position.

Instead of running away, try to talk to an adult that you can trust about why you want to run away. They will try and help you.

If you do run away the law says that the staff have to report you missing to the Police.

The police will then contact your friends and family to see if they know where you might be.

So, before all of this happens, come and talk to a member of staff.



Fire Alarms!

Every house has a Smoke Alarm System. Each week these will be tested to make sure they work properly. We regularly practice Fire Drills and you will take part to make sure you can get out of the house in an emergency.

It is EXTREMELY IMPORTANT that you DO NOT PLAY with the ALARMS or take them to pieces. They are for your safety and if they are faulty, we could have a dreadful accident.

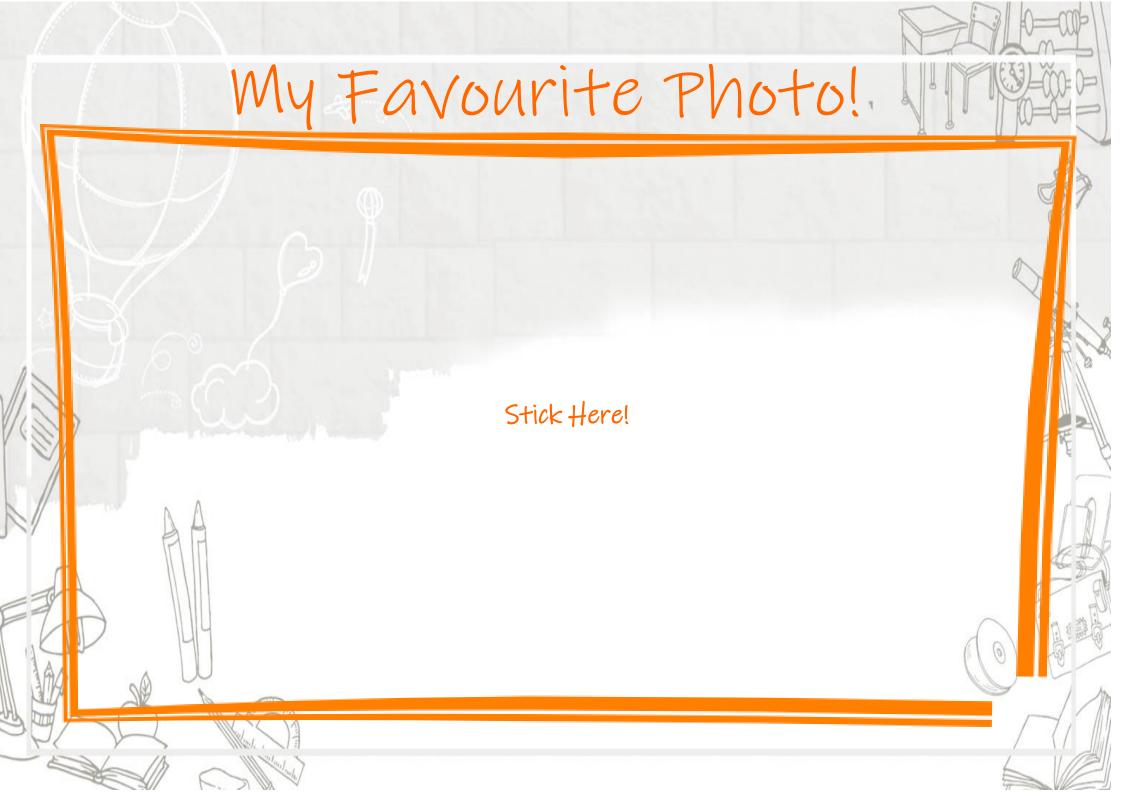
Your Fire Assembly Point will be shown to you on your first day and you can write it here: My Fire Assembly point is HERE!



Evacuation Procedure

- 1. When you hear the fire alarm LEAVE BY THE NEAREST AVAILABLE EXIT and head out to the FIRE ASSEMBLY POINT
- 2. DO NOT STOP TO COLLECT YOUR BELONGINGS!
- 3. If the fire alarm sounds at night if possible Collect your dressing gown and slippers before LEAVING BY THE NEAREST AVAILABLE EXIT and head out to the FIRE ASSEMBLY POINT







My Name My House Name

When you come here, we need to show you a few things to help you settle in. Once you have been shown them, you can tick them off here:

		N. VIII	E
	Who showed	Date	
	me	Done	
Welcome			5
& Tour of the House			
MyRoom			
The Team			
My Key Worker			
The Other Residents			NAK!
My House Routines			1
Our Activities			
Fire Drill & Assembly Point			EL P
How I Contact Home			
Our School Times			T'
Concerns/Complaints Book			XX
The Safeguarding Team			7
Independent Visitor Name			Will have
Useful Telephone Numbers			1
			/