

**Mental Health** and Wellbeing





(Whole School

EH4MH 10-a-day Kindness Calendar

**School Values** 

Termly and

**Assembly Themes** 

Approach)

Happier Kinder Together | Action for Happiness

https://www.normalmagic.co.uk/

https://happymaps.co.uk/



#### Kindness

Stay connected to those you care about.

Being kind to one another what does that look like?

Being kind to yourself and other the school community

# **Protected Characteristics**



### Community

Actively care for others

What are our communities?

How can we support our school community and each

#### **Protected Characteristics** Disability



### Respect

Be proud of your very being.

Take a break.

Respecting each other's views

Respecting our community and school

Respecting each other Sportsmanship

### **Protected Characteristics**

Religion and Belief

Sex

### Relationships

Talk about your feelings

Ask for help

Positive healthy relationships.

### **Protected Characteristics** Marriage and Civil

**Partnerships** 





### **Happiness**

Do something that you enjoy and are good at.

Celebrating achievements

Supporting each other's achievements

Being positive and positive emotions and well being

# **Protected Characteristics**



### Health

Keep yourself Hydrated!

Keep active in Mind and Body

How to get help

Healthy choices

### **Protected Characteristics** Pregnancy and Maternity





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Skills Builder / Social Interaction Step 2	LISTEN/NG ()))	ANTING POSITIVE	SPEAKING.	LEADERSHIPS AIMING HIGH	OBJEM SOLVING	CREATIVIAL
Skills Builder Step 2 Training Area - Skills Builder Hub  Educators Toolkit - Expanded Frame work 2022.pdf (skillsbuilder.org)	I listen to others and can tell someone else what it was about The building blocks of this step are learning: How to listen effectively and stay focused How to retain and process information How to recall and explain that information to someone else Reflection questions How do you make sure you are listening? How do you help ensure that you stay focused? How do you make sure you remember a longer piece of speech, a series of instructions or a story? When do you find this easier or more difficult?	I keep trying and stay calm when something goes wrong The building blocks of this step are learning: How you might feel when something goes wrong How to stay calm in the face of setbacks Reflection questions How do you feel when something goes wrong? When might you feel angry? When might you feel upset? How do you behave if you are angry or upset? How can you stay calm when something goes wrong? Why is this important?	I work well with others by taking respnsibiltiy for completeng my tasks. The building blocks of this step are learning: What it means to take responsibility When taking responsibility works well Reflection questions What does it mean to take responsibility? What are the positive effects of taking responsibility? What are some of the risks of taking responsibility? How can you get the balance right? Do you have any experience of taking responsibility? I speak effectively by making points in a logical order	I manage dividing tsks between others in a fair way The building blocks of this step are learning: How to divide up tasks How to share tasks out in a fair way How to spot if there are problems Reflection questions What do we mean by tasks? How can you share tasks between people in a fair way? How can you tell if there are problems with how you have divided up tasks? Do you have any examples of having done this?  I work with pride when I am being successful The building blocks of this step are learning: How you know when you have been successful	I can complete tasks by explaining problems to someone for advice if I need to.  The building blocks of this step are learning: How to explain a problem to someone else How to act on advice Reflection questions How can you best explain a problem you are having to someone else — what do they need to know? What mistakes could you make when trying to explain a problem? What is meant by advice? How can you make sure you listen well to advice?	I imagine different situations and can bring them to life in different ways.  The building blocks of this step are learning: How to share what is imagined through acting it out How to share what is imagined through drawing pictures or diagrams Reflection questions How can you share what you imagine through acting it out? When can this be helpful? How can you share what you imagine through drawing pictures or diagrams? What are the advantages of this? Can you give examples of where you have done this?

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## Year 3 Overview

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	When are you good at		The building blocks of this	How can you take satisfaction		
	recalling information that		step are learning:	in your success		
	you have heard?		What we mean by putting	Reflection questions		
	What are the most		things in a logical order, and	How do you know when you		
	important things to share?		why it matters	are successful?		
			Some approaches to putting	How can you measure		
			things in a logical order	success? Can you give some		
			Reflection questions	examples?		
			What do we mean by putting	What does it mean to take		
			ideas in a logical order?	satisfaction in success?		
			Why does it matter?	Why is that important?		
			How do you think you can	Can you give examples of		
			put things in a logical order?	when you have done this?		
			Do you do this at the			
			moment? Could you try it?			
		Dlanning To bo s	ubmitted First Friday Das	k from The School Holiday	,	

Planning To be submitted First Friday Back from The School Holiday

There are 2 templates choose which template you prefer.

### Staff planning 2023-2024

Terms	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reading Genre Shared planning Yr 4 - Orange	DES Planned Resource:  Ruth Miskin Resource:	DES Planned Resource:  My Pet Gold Fish Catherine Ranger Kar Granuago Malaturuar  E ARTH SHATTERING E VENTS	DES Planned Resource:  BIGORE  BUDING	DES Planned Resource:	DES Planned Resource:  Michele Robinson  & Kate Mindiey  HOW TO WASH A  WOOD LLY  MAMMOTH	WASTE  Substitute faculting and plant  Jose French  Jose French  The Carlot Assist  Puddles to the foreign the following the fol
Writing	Fiction: Orion and the Dark	<b>Non-Fiction:</b> My pet goldfish	Non-Fiction: Big book of Blooms	Fiction: Traction Man Outcome: To write a	Fiction: Stone Age boy Outcome: Narrative –	Non-fiction: What a Waste Outcome: write a persuasive
	Outcome: Narrative retell	Outcome: recount about a	Outcome: Explanation	detailed character	alternative version I.e.	letter to persuade others to
Purpose & Genre		pet (or toy pet)	Text; To write a mini book	description within a story.	Stone Age boy visits	be kinder to the environment.
Shared Planning	Fiction: The Owl who was		of plants and their life		Roman girl	
5.741.04 . 1411.1111B	afraid of the Dark	Non-Fiction: Earth	cycle	Non-fiction: Did Romans		Poetry: Set up a sensory
		shattering Events		really eat Flamingos?		puddle experience for



DAY.	Outcome: Narrative - Plop on a different adventure	Outcome: Chronological Report - an explanation of the process of a volcano eruption  Poetry: Christmas Poem Outcome: Christmas poem	Fiction: Jack and the Beanstalk Outcome: To write an alternative narrative I.e. Jack and the	Outcome: To create questions and information to answer them.	Fiction: How to Wash a woolly Mammoth Outcome: Class book of instructions – how to	children to write their own sound puddle poem.  Outcome: Class book of Water poems
		in Christmas card to parents	<u> </u>	 Naths		
Maths		<u>N</u>	Follow Power Maths/W	/hite Rose Scheme of Work m Overview.docx (sharepoint.o	com)	
	Number Place Value <a href="https://www.activelearnprimary.co.uk/app/plans/powermaths/unit/788553">https://www.activelearnprimary.co.uk/app/plans/powermaths/unit/788554</a>	Number: Addition and Subtraction https://www.activelearnprimary.co.uk/app/plans/powermaths/unit/788555  Number: Multiplication and Division https://www.activelearnprimary.co.uk/app/plans/powermaths/unit/788556  Consolidation	Measurement: Money And Consolidation https://www.activelearnpr imary.co.uk/app/plans/po wermaths/unit/788559  Measurement: Length and Perimeter https://www.activelearnpr imary.co.uk/app/plans/po wermaths/unit/788561  Statistics https://www.activelearnpr imary.co.uk/app/plans/po	Number: Multiplication and Division https://www.activelearnprimary.co.uk/app/plans/powermaths/unit/788558  Number: Fractions https://wwwco.uk/app/plans/powermaths/unit/788562  Consolidation activelearnprimary	Number: Fractions https://www.activelearnpr imary.co.uk/app/plans/po wermaths/unit/788564 Measurement: Time https://www.activelearnpr imary.co.uk/app/plans/po wermaths/unit/788565	Geometry: Property of Shapes https://www.activelearnprim ary.co.uk/app/plans/powerm aths/unit/788566 Measurement: Mass and Capacity https://www.activelearnprim ary.co.uk/app/plans/powerm aths/unit/788567 https://www.activelearnprim ary.co.uk/app/plans/powerm aths/unit/788568
Science	Animals including	Light	wermaths/unit/788560 Rocks and Soils	Plants	Forces a	nd Magnets
Not a 2-year	Humans.	What is light?	How can we classify	How does each part of the		
programme	How do the systems		rocks?	plant fulfil its function?	How do magnets work?	
anymore Grammarsaurus Login - Grammarsaurus Grammarsaurus	inside our body work to make a healthy human?  During this unit of work, children will learn about the structure of the human skeleton and how the muscles also work alongside the skeleton to support and protect the human body.  They will then look at how skeletons differ in different animals.	During this unit of work, children will recognise that they need light to see things and that dark is the absence of light.  They will learn to identify light sources.  They will explore what happens when light reflects o mirrors or other reflective materials and think of ways to protect themselves from the Sun.  They will investigate which	During this unit of work, children will explore different rocks and soils.  They will classify and group together rocks based on their appearance as well as their physical properties.  They will learn how the Earth is made up of different rocks and fossils and begin to explain how some of the different rocks are formed.	During this unit of work, children will build upon their previous knowledge of plants and trees from Year 2 where children find out what plants need to stay healthy once they have grown.  Children will be creating a booklet. They will identify and describe the functions of the different parts of plants.  They will explore what	During this unit of work, children will explore simple put and pulls as an introduction to forces.  They will explore how the texture of an object or the surface it is on can affect how the object moves.  They will then explore pushes and pulls further by investigating different magnets and how they can pull (attract) and push (repel) at a distance without contact	
	Finally, children will look at nutrition and the	materials make the best/worst shadows and	rocks are formed.	plants need for life and growth. Children will then		



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720 0.100	importance of eating a healthy diet.	conduct an experiment to find out about the relationship between the height of a light source and the length of a shadow. Finally, they will experience a range of activities to discover how mirrors work.	They will look at fossils, what they are and how they are formed in rock.	complete an investigation to see how water is transported through plants.  Children will also look at seeds and explore the different ways that plants disperse their seeds.			
PE	Co-Operative Games	Locomotion	Manipulative	Stability	Manipulative	Locomotion	
PSHE  PSHE Framework  PSHE Association    Charity and  membership body  for PSHE education  (pshe- association.org.uk)	Self-Awareness  PSHE Association planning framework for SEND - KS1 & 2 Pg 9 – 10  SA4 - People who are special to us. SA5 - Getting on with others.	PSHE Association planning framework for SEND - KS1 & 2 Pg 12 –14  SSS4 - Keeping safe online. SSS5 -Public and private.	Changing and Growing  PSHE Association planning framework for SEND - KS1 & 2 Pg 16 – 17  CG2 - Changes at puberty. CG3 -Dealing with touch. CG4 -Different types of relationships.	Managing Feelings  PSHE Association planning framework for SEND - KS 1 & 2 Pg 15  MF2 - Managing strong feelings.	Healthy Lifestyles  PSHE Association planning framework for SEND - KS1 & 2 Pg 18 – 19  HL2 - Taking care of physical health. HL3 - Keeping well.	The World I Live In  PSHE Association planning framework for SEND - KS1 & 2 Pg 21  WILI4 - Taking care of the environment. WILI5 - Belonging to a community. WILI6 - Money.	
Resources For PSHE	Family Planning  RSHE for Teachers (fpa.org.uk)  Growing up with Yasmine and Tom (fpa.org.uk)  Sex and C  Relationship  Relationship						
PD Whole School E- Safety Overview  From Project EVOLVE  Sign In to your Account   ProjectEVOLVE	Managing Online Information  The Privacy and Security	Online Bullying  Online Relationships  Anti-Bullying week: Online bullying	Self-Image and Identity  Safer Internet Day: https://saferinternet.org.u k/	Copyright and Ownership  CSE Awareness Day March 18th  https://stop- cse.org/national-child-	Health, Well-being and Lifestyle	Online Reputation	

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### Year 3 Overview

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Toolkit		bullyingalliance.c			day/		
Resources		Sanyingamanec.	6.4.4		uay/		
Year 4 or below							
To put in the							
outcomes from							
project evolve year							
3							
Search and Access							
Resources ► Year							
Group							
<u>ProjectEVOLVE</u>							
TTOJECTEVOLVE	Hot and Cold Snacks	Gardening		Adult/Peer Interactions	Emorgoney Convices Danger	Walking	Internet research and
PD		_		Addit/Peer Interactions	Emergency Services Danger	_	
Life Skills	Hot and cold drinks	Cleaning			How to get help	Planning a journey	Administration Skills
	Invitations	Sewing				Shopping	Application Letters
	EYFS: People who	o help us		EYFS: People who	help us	EYFS: Peop	le who help us
PD	KS1: Jobs in the co	ommunity		KS1: Jobs in the co	nmunity	KS1: Jobs in	the community
Careers	People who help us fire service	e visit / trip.	People who	o help us fire service visit / trip.		People who help us fire service	visit / trip.
	People who help us Police Vis			o help us Doctor / Nurse		People who help us Fire Service	
Careers Resources		"I Want To Be"  THE BIG BOOK OF JOBS	what jo are there	obs what jebs are there?	what jobs are there?	what jobs are there?	
RE	Christianity - Creation and Genesis This builds on our learning in year 1 about 'The Creation Story'. This will help us in year 6 when we learn about 'Creation and Science'	Religious Education  Christianity - Peop  This builds on our le in year 1 about 'Go Bible'.  This will help us wit learning later in year about 'Jesus in the	earning d in the h our	Religious Education.pptx  Judaism - Jewish Festivals  This learning builds on what we learnt in year 1. This will help us with our learning in year 5.	Islam - Muslim Festivals and Worship This learning builds on what we learnt in year 2 about the first two pillars of Islam. This learning will help us when we learn about Islam in the UK in year 5.	Religious Education.pptx Christianity - Je This builds on our learning a This will help our learning in	



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0.10	Coloury and activity book  All Things  BRIGHT  BRIGHT  BRIGHT  Jonn Cloub		STHE SOURCE STATE OF THE STATE			
Design & Technology <u>DT - PlanBee</u>		Inventors itish Inventors		i <b>p Signs</b> ght up Signs		<b>ybooks</b> Storybooks
	Stone Age to Iron Age (Changes in Britain from the Stone Age to the Iron Age)				Ancient Ec (The achievements of the ea	liest civilisations)
History  Grammarsaurus	Chronology I can place ages in order of time and understand the meaning of their names. I can place artefacts within their correct age. With support, I can use BCE.  Evidence & Interpretation I can observe evidence to ask about the past and come to conclusions based on what I have	Change and Continuity With support, I can begin to explain the concept of change over a long period of history.  Similarity and Difference I can describe similarities and differences between the Stone Age, Bronze Age and Iron Age.  Historical Significance I can suggest suitable sources of evidence to find out about significant			Chronology I can place events, artefacts and historical figure on a timeline using dates. With support, I can use BCE and CE.  Evidence & Interpretation I can suggest suitable sources of evidence for historical enquiries. I can use more than one source of evidence for historical enquiry to gain a more accurate	Change and Continuity I can begin to explain the concept of change over a long period of history.  Similarity and Difference I can compare the similarities and differences between the new and old kingdoms of Ancient Egypt.  Historical Significance I can suggest suitable sources of evidence for historical enquiries. I can discuss the importance

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	I can explain how we find prehistoric evidence.  Cause and Consequence I can suggest causes and consequences of the main events within prehistory such as agriculture, mining and migration.				Cause and Consequence I can suggest causes and consequences of some of the main events within Ancient Egypt.	they had on British archaeological thought.
Geography Local Knowledge to be taught throughout Grammarsaurus			I can understand that places I understand that people different ways.  Sp I can understand that the Uregions. I can understand that region I can identify some key hunthe UK and my region. I can use compass points, fo symbols, and keys.  Sc I understand that England, S Northern Ireland are countri I can understand how my re England.  Physical & Hu I can understand that land h I can identify mountains, hill I understand human process including settlements.	can have meaning to people. can choose to use land in ace  UK is split into countries and as are split into counties. man and physical features of ur-figure grid references,  ale  cotland, Wales and ies in the UK.  gion is an area within  man Processes  as height.  Is and rivers on maps.  ses that take place in the UK,  ness and Diversity  and is made up of different is regions may have		
Creative Arts						
Art	Williar Objectives:	n Morris	Famous Objectives:	Buildings	Seurat ar Objectives:	d Pointillism
Plan <b>Bee</b> .	To improve their mastery of including drawing with a rar To learn about great artists	nge of materials. in history	To create sketch books to re use them to review and revisit ideas.		To create sketch books to re use them to review and revisit ideas.	
PlanBee: The Hive of Primary	To learn about great design	ers in history	To improve their mastery of including drawing with a ran		To improve their mastery of including painting with a ran	•



### Year 3 Overview

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Resources and Lesson Plans	Yr 3-4 ART William Morris		To improve their mastery of art and design techniques, including painting with a range of materials.  To improve their mastery of art and design techniques, including sculpture with a range of materials.  To learn about great architects in history.  Yr 3-4 ART Famous Buildings		To learn about great artists in history.  Year 3-4 ART Seurat and Pointillism	
Horticulture	Clearing and Harvesting Potting Seeds Making Compost Planting Bulbs	Polytunnel Clearing and development of the area Bird Feeders and Feeding Making Christmas wreaths	Winter Pruning Signs of Winter Growth Birdwatching Preparing woodland grounds	Looking for signs of spring Looking and the difference light and dark makes to plants	Grass maintenance Planting seeds fruit and vegetables Protecting plants from animals Preparing for Dawlish om Bloom and OMS in bloom	Dawlish and OMS in Bloom judging. Preparing plants for the summer fate  Gathering crops grown
Forest School	Tarpaulin folding group activity. Basic tool Use and Health and safety Basic fire starting and Health and safety Charcoal Pencils Woodland Diorama	Christmas decorations Woodland reindeers wreaths	Bug Hotels Developing and looking after the forest school Bird feeders Clay insects	Looking at signs of spring Developing and looking after the forest school Making hanging items Development of skills	Looking at summer and the seasonal changes Den building Securing skills	