

Kindness and Community **Mental Health** and Wellbeing





(Whole School

Termly and

Assembly Themes

EH4MH 10-a-day Approach) Kindness Calendar

School Values

https://www.normalmagic.co.uk/

Happier Kinder Together | Action for Happiness

https://happymaps.co.uk/



Kindness

Stay connected to those you care about.

Being kind to one another what does that look like?

Being kind to yourself and the school community

Protected Characteristics Race



Community

Actively care for others

What are our communities?

How can we support our school community and each other

Protected Characteristics Disability



Respect

Be proud of your very being.

Take a break.

Respecting each other's views

Respecting our community and school

Respecting each other Sportsmanship

Protected Characteristics

Religion and Belief

Sex



Relationships

Talk about your feelings

Ask for help

Positive healthy relationships.

Protected Characteristics Marriage and Civil Partnerships





Happiness

Do something that you enjoy and are good at.

Celebrating achievements

Supporting each other's achievements

Being positive and positive emotions and well being

Protected Characteristics



Gender Reassignment



Health

Keep yourself Hydrated!

Keep active in Mind and Body

How to get help

Healthy choices

Protected Characteristics Pregnancy and Maternity







Skills Builder / **Social Interaction**

Step ???

















The building blocks of this step are learning: How to listen effectively and stay

I listen to others and can tell

focused How to retain and process

someone else what it was about

information How to recall and explain that

information to someone else **Reflection questions**

How do you make sure you are listening?

How do you help ensure that you stay focused?

How do you make sure you remember a longer piece of speech, a series of instructions or a story?

When do you find this easier or more difficult?

When are you good at recalling information that you have heard? What are the most important things to share?

I keep Trying and stay calm when something goes wrong

The building blocks of this step are learning:

How you might feel when something goes wrong How to stay calm in the face of setbacks

Reflection questions

How do you feel when something goes wrong? When might you feel angry? When

might you feel upset? How do you behave if you are angry or upset? How can you stay calm when something goes wrong?

Why is this important?

I work well with others by taking responsibility for completing my

The building blocks of this step are learning:

What it means to take responsibility When taking responsibility works

Reflection questions

What does it mean to take responsibility? What are the positive effects of taking responsibility? What are some of the risks of taking responsibility?

How can you get the balance right? Do you have any experience of taking responsibility?

I speak effectively by making points in a logical order

The building blocks of this step are learning:

What we mean by putting things in a logical order, and why it matters Some approaches to putting things in a logical order

Reflection questions

What do we mean by putting ideas in a logical order? Why does it matter? How do you think you can put things in a logical order? Do you do this at the moment? Could you try it?

I manage dividing up taks between others in a fair way.

The building blocks of this step are learning:

How to divide up tasks How to share tasks out in a fair wav

How to spot if there are problems

Reflection questions

What do we mean by tasks? How can you share tasks between people in a fair way? How can you tell if there are problems with how you have divided up tasks? Do you have any examples of having done this?

I pride myself when I am being successful

The building blocks of this step

are learning: How you know when you have been successful How can you take satisfaction in

you have done this?

your success

Reflection questions How do you know when you are successful? How can you measure success? Can you give some examples? What does it mean to take satisfaction in success? Why is that important? Can you give examples of when

I complete task by finding information/ineed myself.

The building blocks of this step are learning: How to identify extra information

that is needed How to find this additional information

Reflection questions

What is meant by 'information'? When might we need additional information to solve a problem? How do we know what information we need? Where are some of the different places you might find extra information? Which are the best places for different types of information?

I generate ideas when I've been given a clear breif

The building blocks of this step are learning:

What is a creative brief How to generate ideas for a brief **Reflection questions**

What is meant by a brief? How can a brief be helpful? Can you give examples of where you have been given a brief? How can you create ideas to fulfil a brief?

What are some things that you should do, and some things that you should avoid doing? Have you got any examples of having done this?

Skills Builder Step 3

Training Area - Skills **Builder Hub**

Educators Toolkit Expanded Frame work 2022.pdf (skillsbuilder.org)



Planning To be submitted First Friday Back from The School Holiday

There are 2 templates choose which template you prefer.

Staff planning 2023-2024

Terms	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2				
Reading Genre Shared planning Yr 4 - Orange	DES Planned Resource: Ruth Miskin Resource:	DES Planned Resource: MY Pet GOLDFISH Catherine Rayner Kar Grannen Mald ware E VENTS	DES Planned Resource: BIGORE BURNER BIGORE BIGORE	DES Planned Resource:	DES Planned Resource: Michele Robinson 4 Kate Hindley HOW TO WASH A WOODLEY MAMMOTH	WHAT WASTE Subsist recycling on plant and profecting on plant Padden in the load Puddles Reg peddle Reg peddle Rodden on the polyath, Puddle to are the down Note to the polyath, Puddle to are the down Note to the polyath, Puddle to are the down Spring puddles, Puddle to the good Spring puddles, Puddle to to are the down Spring puddles, Puddle to to appeal Spring puddles, Puddles to appe				
Writing Purpose & Genre Shared Planning	Fiction: Orion and the Dark Outcome: Narrative retell Fiction: The Owl who was afraid of the Dark Outcome: Narrative - Plop on a different adventure	Non-Fiction: My pet goldfish Outcome: recount about a pet (or toy pet) Non-Fiction: Earth shattering Events Outcome: Chronological Report - an explanation of the process of a volcano eruption Poetry: Christmas Poem Outcome: Christmas poem in Christmas card to parents	Non-Fiction: Big book of Blooms Outcome: Explanation Text; To write a mini book of plants and their life cycle Fiction: Jack and the Beanstalk Outcome: To write an alternative narrative I.e. Jack and the	Fiction: Traction Man Outcome: To write a detailed character description within a story. Non-fiction: Did Romans really eat Flamingos? Outcome: To create questions and information to answer them.	Fiction: Stone Age boy Outcome: Narrative — alternative version I.e. Stone Age boy visits Roman girl Fiction: How to Wash a woolly Mammoth Outcome: Class book of instructions — how to	Non-fiction: What a Waste Outcome: write a persuasive letter to persuade others to be kinder to the environment. Poetry: Set up a sensory puddle experience for children to write their own sound puddle poem. Outcome: Class book of Water poems				
Maths				ite Rose Scheme of Work Overview.docx (sharepoint.com)						
	Number Place Value https://www.activelearnprimary.co.uk/app/plans/powermaths/ https://www.activelearnprimary.co.uk/app/plans/powermaths/	Number: Addition and Subtraction https://www.activelearnprimary.co.uk/app/plans/powermaths/ /unit/788573	Measurement: Money https://www.activelearnprimary.co.uk/app/plans/powermaths/ https://www.activelearnprimary.co.uk/app/plans/powermaths/ https://www.activelearnprimary.co.uk/app/plans/powermaths/	Number: Multiplication and Division https://www.activelearnprimary.co.uk/app/plans/powermaths/ https://www.activelearnprimary.co.uk/app/plans/powermaths/ https://www.activelearnprimary.co.uk/app/plans/powermaths/	Number: Decimals https://www.activelearnprimar y.co.uk/app/plans/powermaths /unit/788581	Geometry: Property of Shapes https://www.activelearnprimary.co.uk/app/plans/powermaths/ https://www.activelearnprimary.co.uk/app/plans/powermaths/ https://www.activelearnprimary.co.uk/app/plans/powermaths/				



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	Number Addition and	Division	https://www.activelearnprimar	https://www.activelearnprimar		y.co.uk/app/plans/powermaths		https://www.activelearnprimar	
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Science	Animals including Humans.	States of Matter	Sound		ı	Electricity		Living things and Habitats	
Not a 2-year	What happens to the food that	Can materials change state?	What is Soun	d?		t is electricity?	Which living things can be found in the		
programme	we eat?	_	I can identify how sounds are ma	ide,		·	local area?		
		I can identify solids, liquids, and	associating some of them with so	omething	I can identify com	mon appliances that use	I can develop descriptions using		
anymore	I can name the basic parts of	gases.	vibrating.		electricity.	• •		ant scientific language and	
Grammarsaurus	the digestive system and	I can make careful observations.	I can recognise that vibrations from	om sounds	I can construct a	a simple circuit and name vo		ocabulary.	
<u>Login -</u>	describe their functions.	I can communicate my results.	travel through a mediumto the	ear.	the parts of the	circuit.		recognise that living things can	
Grammarsaurus	I can identify the different teeth	I can take accurate			I can identify if a bulb will light up in a		be gro	be grouped in a variety of ways.	
Grammarsaurus	and describe their function.	measurements using	I can recognise that vibrations from	om sounds	circuit.			I can recognise that living things can	
	I can plan and carry out an	thermometers.	travel to the ear.		I can recognise common conductors and			be grouped in a variety of ways.	
	investigation.	I can observe that some	I can investigate if the size of the p	inna affects	insulators.	I can		explore and name a variety of	
	I can communicate my results.	materials change state when	the volume of the sound.	inia arrects	I can investigate	switches.		things in my local environment.	
	I can construct and interpret a	they are heated or cooled.	the volume of the sound.				I can e	explore and use classification	
	variety of food chains.	I can identify the part played by	I can report my findings from enqu	uiries.			keys t	o help group, identify and name	
	I understand what producers,	evaporation and condensation					a vari	ety of living things in my local	
	predators and prey are.	in the water cycle.	I can find patterns between the pito					onment.	
	I can construct and interpret a	I can plan and carry out a fair	and features of the object that pro	duced it.			I can r	recognise that environments can	
	variety of food chains.	test.	I can find patterns between the vol	ume of a sound				e and that this can sometimes	
	I understand what producers,	I can associate the rate of	and the strength of the vibrationsth				pose o	dangers to living things.	
	predators and prey are.	evaporation with temperature.							
			I can set up simple fair tests.	r tests.					
PE	Co-Operative Games	Games: Invasion Benchball	Gym	Get H	ealthy	Games Strike / Fieldin	ıg	Athletics	
				Get	t Fit				
	Self-Awareness	Self-Care, Support and Safety	Changing and Growing	Managing	g Feelings	Healthy Lifestyles		The World I Live In	
PSHE			-			, ,			
	PSHE Association planning	PSHE Association planning	PSHE Association planning	PSHE Association planning		PSHE Association planning		PSHE Association planning	
PSHE Framework	framework for SEND - KS1 & 2	framework for SEND -	framework for SEND - KS1 & 2	framework for SEND - KS 1 & 2		framework for SEND - KS1 & 2		framework for SEND -	
PSHE Association	Pg 9 – 10	KS1 & 2 Pg 12 –14	Pg 16 – 17	Pg 15		Pg 18 – 19		KS1 & 2 Pg 21	
Charity and		6664 1/2 : 6 !!							
membership body for PSHE education	SA4 - People who are special to	SSS4 - Keeping safe online.	CG2 - Changes at puberty.	MF2 - Managing strong feelings		HL2 - Taking care of physical		WILI4 - Taking care of the	
(pshe-	us.	SSS5 -Public and private.	CG3 -Dealing with touch.			health.		environment.	
association.org.uk)	SA5 - Getting on with others.		CG4 -Different types of			HL3 - Keeping well.		WILI5 - Belonging to a	
accesses of proof			relationships.					community.	
								WILI6 - Money.	



Family Planning RSHE for Teachers (fpa.org.uk) Growing up with Yasmine and Tom (fpa.org.uk) Family Planning Association Sex and

Resources For PSHE



PD
Whole School E-
Safety Overview

From Project **EVOLVE**

Sign In to your Account | ProjectEVOLVE

Toolkit Resources Year 4 or below

To put in the outcomes from project evolve year

Search and Access Resources ► Year Group | ProjectEVOLVE

PD

Life Skills

PD
Careers

(i) Managing Online Information **(i)** â

Hot and Cold Snacks

Hot and cold drinks

Invitations

People who help us visit Police.

Identifying Jobs and skills for people who like outdoors.

Widget jobs to support KS 2 3 Jobs Widgets Lesson.pptx

Belonging to the community





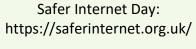
Gardening

Cleaning

Sewing

<u>(i)</u>





Adult/Peer Interactions



https://stop-cse.org/nationalchild-exploitation-awareness-

CSE Awareness Day March 18th

day/

Emergency Services Danger

How to get help



Health, Well-being and Lifestyle



(i) *****

Belonging to the community People who Help us Visit Doctor / Nurse Identifying Jobs and skills for people who like animals. Widget jobs to support KS 2 3 Jobs Widgets Lesson.pptx

Walking Internet research and Planning a journey **Administration Skills** Shopping

Application Letters Belonging to the community People who Help us lifeguard / Lifeboat Identifying Jobs and skills for people who like space. Widget jobs to support KS 2 3 Jobs Widgets Lesson.pptx





Careers Resources

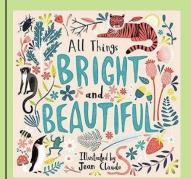
RE

To be completed in Class Sketch Books



Christianity - The Trinity This builds on our learning in year 3 People of God. This will help our learning later in year 4 Pentecost.

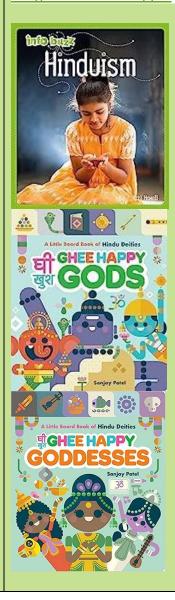
Religious Education.pptx



Hinduism This is the first time we have learnt about Hinduism. This will help us with our learning later in year 4 Hinduism in the UK.

Hinduism - Introduction to

Religious Education.pptx



Christianity - Salvation (2)

This builds on our learning in year 2 about 'Salvation'.

This will help our learning later is year 4 when we study Pentecost.

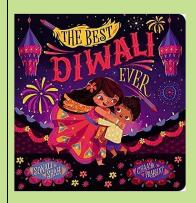
Religious Education.pptx



Hinduism - Hinduism in the UK This builds on our learning earlier in year 4 Introduction to Hinduism.

This will help with our learning in year 6.

Religious Education.pptx



Christianity – Pentecost / Biblical

This builds on our learning in year 4 about 'Salvation'

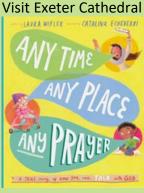
This will help us with our learning in year 6.

Biblical Text

This builds on learning in year 1 God in the bible.

This will help with our learning in year

Religious Education.pptx









Year 4 Overview

3/10 200								
			I can compare key physical feature own region.	es in Campania t	o those in my			
			Physical and Human Processes					
			I can understand that physical processes are the natural forces that change Earth's physical features. I understand how the tectonic movement has shaped the Earth's surface. I understand how earthquakes and volcanoes happen and can identify some key events in Campania, Italy. I understand human processes in my region and Campania, including settlements and economic activity. Cultural Awareness and Diversity I can understand the similarities and differences between my region and Campania and give some examples. I can understand that cultural identity may vary from region to region. Scale I can understand how my region is an area within England, and there are towns and cities within my region. I can understand that Campania is a region within Italy. I can understand that England and Italy are countries within the continent of Europe.					
			Continent of Europe.					
Expressive Arts								
Art	Sonia Delaunay Yr 3-4 ART Sonia Delaunay		Recycled Art Yr 4 ART Recycled Art			Plant Art Yr 3-4 ART Plant Art		
Design &		Seasonal Socking		•	i Green Houses			Seasonal Food
Technology DT - PlanBee		Yr 3-4 DT Seasonal Stockings		Yr 3-4 DT making mini greenhouses				Yr 3-4 DT Seasonal food
Horticulture	Clearing and Harvesting Potting Seeds Making Compost Planting Bulbs	Polytunnel Clearing and development of the area Bird Feeders and Feeding Making Christmas wreaths	Winter Pruning Signs of Winter Growth Birdwatching Preparing woodland grounds	Looking for signs of spring Looking and the difference light and dark makes to plants		Grass maintenance Planting seeds fruit and vegetables Protecting plants from animals Preparing for Dawlish om Bloom and OMS in bloom		Dawlish and OMS in Bloom judging. Preparing plants for the summer fate Gathering crops grown
Forest School	Tarpaulin folding group activity. Basic tool Use and Health and safety Basic fire starting and Health and safety. Charcoal Pencils Woodland Diorama	Christmas decorations Woodland reindeers wreaths	Bug Hotels Developing and looking after the forest school Bird feeders Clay insects Looking at signs of s Developing and look Making hanging iter Development of skil		oking after the forest school charms Den		ng at summer and the seasonal ges puilding ring skills	